



## **Youth Cheer Informational Meeting - August 3rd, 2024 - Zoom Meeting**

Attendees: Samantha Bush (President), Krista Gradischek (Coach  $\frac{3}{4}$ ), Jen Baldonieri (Team Mom  $\frac{3}{4}$ ), Tim Hochstein (Vice President), Kristen Hochstein (Team Mom k2), Anna O'Barto (Team Mom k2), Carly Kristoff (Coach K2), Sarah Spehar (Coach  $\frac{5}{6}$ ) and Chris Vilella (Coach  $\frac{5}{6}$ ).

### **Game Schedules**

- Everyone posted on BAND - posted
- Make a plan with your groups to ensure coverage
  - 2 ppl at everyone game
- Arrival times before games
  - $\frac{5}{6}$  an hour
  - K2,  $\frac{3}{4}$  - 45 minutes
  - Pick meeting place
  - Parents sign in young kids (ex: k2)

### **Games Rules**

- **Parents ARE NOT** allowed on track without field pass
  - Team moms and coaches - no exceptions WPYFL Rule
- Kids should follow game attendance policy
  - If a cheerleader misses a game or more than a quarter of a game, she will be required to sit out the first quarter of the following game, in uniform, with the coaches/team moms near the track.
    - Applies to coaches and team moms as well
    - If parent pulls child or gets sick coach's discretion on whether they need to sit out the next game
    - The only exception to this rule is if they bring a valid doctor's excuse or obituary.
- If your team is doing snacks, these **should be after** the game as they are leaving
- **No concessions during games** - no food on track (ex Kona Ice)
  - Coach's discretion on water bottles
- Cheerleaders are **not allowed** to visit the concession stand during the game or halftime.
  - Parents should refrain from bringing concessions to their cheerleader during the game/halftime.

- **NO Chairs** are to be brought and set up for kids to sit in.
  - Cheerleaders should remain with their squad at all times. If a cheerleader needs to sit out, they can sit with their team moms or parents, if necessary.
- **NO Canopies** to be set up on the field/track unless rain.
  - We do not cancel games
- Coaches **should have their first-aid bags** with them at all times. If a cheerleader sustains a minor injury (small cut, bruise, etc), you may give her an ice pack/band-aid, as necessary. If a cheerleader incurs a significant injury (hits her head, falls out a stunt, etc.), she must be sent to the First-Aid Team on-site.
  - Be mindful of **ALL Bee Stings!** Some of these littles may not even know if they are allergic to bees. Parents should be contacted immediately if their child is stung!

### **JV Games**

- Home Games we will attend
  - 3/4 has 3 Games
  - 5/6 has 2 Game
    - Team Moms are to stay if Coaches cannot do JV games
    - No punishment but encourage and expect them to stay

### **Fall Schedules**

- All squads practice at Latrobe Stadium
- When do practices start at the stadium
  - Starts the week school start on Thursdays, on Aug 29th
  - Start 530 pm
    - K2 - 5:30-6:30
    - 3/4 - 5:30-6:30
    - 5/6 - 5:30-7:30

### **Pool Party:**

- 82 people have RSVP'd
- Cheer covers cost
  - Pizza
  - Drinks - Army donating
  - Ice Cream

### **Pep Rally**

- August 15th - cutting practice early
  - 6 o'clock girls practice together - leave for 6:30
- Girls will do cheer– All squads cheer together

- Team Moms give all squads a food voucher for cheerleaders that are signed up only. They collect money and write down a list of names of people that bought food vouchers.
- **Do not wear uniforms**
  - **Wear Latrobe wear/colors**
  - **Bring Poms**
    - Making banners
    - Kona Ice will be there
- Vouchers are \$5. Cheerleaders, Coaches and Team moms get a free voucher if they are attending the pep rally.
- Practice ends at 6:30 on Thursday 8/15 to go to the pep rally that starts at 7.

### **Questions? Needs?**

- Scrimmage - 08/10 - At home
  - ¾ and ⅕ has no Coaches and/or Team Mom Coverage due to vacations and other obligations
- Can add extra practices if squads need
  - Yes, practices can be added if felt squads need additional help
- If they are to sit out the first quarter and then cheerleader shows up late to avoid punishment?
  - They will then have to sit out the next quarter.

Krista Gradischek (Coach ¾), Jen Baldonieri (Team Mom ¾), Tim Hochstein (Vice President) , Kristen Hochstein (Team Mom k2) Anna O'Barto(Team Mom k2), Carly Kristoff (Coach K2) - Signed off due to ⅕ discussion of practice schedule and end of discussions regarding their squads

### **⅕ PRACTICE SCHEDULE**

#### **SIDELINE PRACTICE**

Thurs 5:30-7:30 Aug 29 through Sept 26

#### **COMPETITION PRACTICE**

Tues 5:30-7:30 Sept 3-Oct 15

Thurs 5:30-7:30 - Oct 3, 10, 17